



JENNA BANKS

KEYNOTE SPEAKER, BEST-SELLING AUTHOR, SOCIAL IMPACT ENTREPRENEUR
& HOST OF THE JENNA BANKS SHOW

JENNA BANKS is a social impact entrepreneur, public speaker, host of The Jenna Banks Show video series and best-selling author. Jenna's unconventional insights into personal power dynamics serve to inspire women to break free from the conditioning of outdated, disempowering social norms so they can be powerFULL. Her work has been featured in a wide variety of media outlets that include: Forbes, ABC, NBC and Authority Magazine. View a full list of media coverage [here](#).

Her award-winning book titled "[I Love Me More: How To Find Happiness and Success Through Self-Love](#)" released on March 8, 2022, hitting the [Amazon best-seller](#) charts within just the 3rd week of release.

Having survived a traumatic upbringing, as well as a nearly fatal suicide attempt, she was able to thrive in the business world, despite having a high school equivalency diploma as her highest educational degree.

Early in her career, she worked in management and entrepreneurial roles, producing marketing products for major movie studios in Los Angeles, including: Sony Pictures Entertainment, Paramount Pictures, and Warner Bros. She has also worked in the toy and games industry with well-known brands such as Hasbro, Mattel, and Lego.

As someone who learned to never question her instincts, she trusted the inner call to quit her comfortable six-figure corporate job and start a home-based marketing products business in 2012 with \$400 and a laptop.

While running the company, she simultaneously ramped up a profitable real-estate venture and then later sold her marketing products business for \$500,000.

Since selling her company, she's now focused on what she feels is her higher purpose: to share her story and her message of empowerment and the incredible importance of self-love with the world through her writing, [speaking engagements](#), [The Jenna Banks Show](#), [PowerFULL Women](#), and her newest women & girls empowerment lifestyle brand, [Tiger Feather](#).

book

In this "how to" guide, Jenna Banks levels-up the topic of self-love and introduces multiple practical strategies to live a guilt-free "I Love Me More" lifestyle.

By sharing her relatable personal stories along with scientific research and actionable advice, she helps readers clearly understand that not only is self-love not selfish (as most women have been raised to believe), but the more love we have for ourselves, the more love we have to give to everyone else.



speaking

Through her eye-opening keynote address called The Power Container™, Jenna gives women an easy framework they can use to think differently about power to break free from the status quo.

She delivers vulnerable story-telling, shares insightful research and draws attention to relatable, wide-spread cultural standards, to help women from Gen Z to Boomers understand how and why it's time to reframe what power is for women so they can reach their full potential.

View her reel at jenna-banks.com.



show

Launched in April 2021, The Jenna Banks Show is a video series that aims to uncover insights and helpful information not typically encountered in our everyday lives. The content is geared towards empowering women to live their best lives.

Some of the topics covered include: Relationships, Business & Careers, Health & Wellness, Success and Mindset.

View episodes on the PowerFULL Women+ Channel on [Binge Networks TV](#) or on her [YouTube Channel](#)

The
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